WEEK 1 WINTER MENU





MONDAY

Yogurt & Fruit Platter

MORNING

AFTERNOON

Pasta Bolognaise Bake

Homemade **Biscuits**

TUESDAY

Yogurt & Fruit Platter

Coconut curried chicken served with rice

Platter of dips, crackers, cheese, carrot & celery sticks

WEDNESDAY

Yogurt & Fruit Platter

Assorted Sandwiches

Sweet Muffins

THURSDAY

Yogurt & Fruit Platter

Macaroni chicken and cheese pasta

Homemade Slice

FRIDAY

Yogurt & Fruit Platter

Ground beef and vegetable casserole with rice

Scones with jam and cream



All meals prepared fresh daily by our Chef.

All menu ingredients available upon request.



WEEK 2 WINTER MENU





MONDAY

Yogurt & Fruit Platter

MORNING

FTERNOON

Homemade Pizzas

Pikelets with jam and cream

TUESDAY

Yogurt & Fruit Platter

Curried sausages with pumpkin and potato mash

> Savouru Pinwheels

WEDNESDAY

Yogurt, Nut Free Muesli & Fruit Platter

Sweet and sour pork with Asian noodles

Platter of dips, cheese, carrot & celery sticks

THURSDAY

Yogurt & **Fruit Platter**

Chicken with country gravy with mashed potatoes, peas and carrot

> Anzac Slice

FRIDAY

Yogurt & Fruit Platter

Tuna and vegetable hake

> Sweet Muffins

All meals prepared fresh daily by our Chef.

All menu ingredients available upon request.



WEEK 3 WINTER MENU





MONDAY

Yogurt,
Nut Free Muesli &
fruit platter

Vegetable and Napolitana Spaghetti

> Banana Cake

NETERNOON

TUESDAY

Yogurt & fruit platter

Slow cooked Beef curry with rice

Scones served with jam and cream

WEDNESDAY

Yogurt & fruit platter

Chicken and vegetable pasta bake

Weetbix slice

THURSDAY

Yogurt & fruit platter

Savoury mince and vegetable cottage pie

Flatter of dips, crackers, cheese, carrot & celery stic

FRIDAY

Yogurt & *
fruit platter

Homemade Pizzas

Homemade Biscuits

All meals prepared fresh daily by our Chef.

All menu ingredients available upon request.

WEEK 4 WINTER MENU





MONDAY

MORNING

FTERNOON

Yogurt & fruit platter

Macaroni and vegetable cheese pasta

Chocolate

Cake

TUESDAY

Yogurt & fruit platter

Sausages and onion gravy with pumpkin and potato mash

Sweet Pinwheels

WEDNESDAY

Yogurt & fruit platter

Pasta Alfredo with chicken and vegetables

Savoury Muffins

THURSDAY

Yogurt & fruit platter

Ground beef and vegetable Stroganoff with rice

> Lemon Slice

FRIDAY

Yogurt & fruit platter

Variety of sandwiches

Platter of dips, cheese, carrot & celery sticks

All meals prepared fresh daily by our Chef.

All menu ingredients available upon request.



WEEK 5 WINTER MENU





MONDAY

MORNING

NFTERNOON

Yogurt, Nut Free Muesli & fruit platter

Butter chicken with rice

Platter of dips, cheese, carrot & celery sticks

TUESDAY

Yogurt & fruit platter

Beef and vegetable Ravioli

Carrot

WEDNESDAY

Yogurt & fruit platter

Cornish
Sausage Rolls

Homemade Biscuits

THURSDAY

Yogurt & fruit platter

Beef and vegetable Lasagne

Rice cakes with assorted spreads

FRIDAY

Yogurt & fruit platter

Chicken chow mein with wet Asian noodles

> Chocolate Crackles



All meals prepared fresh daily by our Chef.

All menu ingredients available upon request.

